

SPECIALTY BREAKFAST SANDWICHES

Green Eggs & Ham*	9
Ham, cheddar cheese, basil pesto, organic spinach, and egg	
Cool as a Cucumber	7
Scallion cream cheese, bacon, and cucumber	
Lox Ness	12
Cream cheese, lox, red onion, and capers	
Grenade*	9
Bacon, egg, jalapeño cream cheese, Sriracha, and organic spinach on chipotle cheddar bagel	
#Pastrami*	11
Pastrami, caramelized onion, Swiss, French fries, egg, and Russian dressing	
Son of a Gouda*	9
Ham, gouda cheese, caramelized onion, garlic aioli, and egg	
Classic Chicken Biscuit	8
Fried chicken on a house made buttermilk biscuit	
Kitchen Chicken Biscuit	9
Fried chicken on a cheddar scallion biscuit with garlic aioli, and house made pickles	
Country Ham Biscuit	8
House made biscuit, country ham, goat cheese with choice of jam	

BREAKFAST PLATES

Biscuits & Gravy	7
Classic buttermilk biscuit smothered in homemade mushroom gravy. <i>Add egg \$2</i> <i>Add bacon or Sausage \$3</i>	
Huevos Rancheros	9
Grilled tortilla shell layered with black beans, two eggs served your way, and homemade ranchero sauce. Finished with avocado slices and a dollop of sour cream.	
Quiche with Fruit	8
Quiche of the day served with a side of fresh fruit	
Shut the <i>French Door Toast</i>	10
Two slices of brioche French toast, served with fresh fruit <i>Add bacon 3</i>	
The Jump Starter*	11
Bacon, sausage, tempeh or country ham, two eggs, homefries, and half classic bagel or toast	
Everything but the {Stick Boy} Kitchen Sink*	13
Bacon, sausage, tempeh or country ham, two eggs, homefries, French toast with house made maple syrup and fresh fruit	
Mount Arti*	13
Bed of organic spinach, topped with homefries, marinated artichoke hearts, roasted red peppers, two eggs, and basil pesto with feta cheese	

BREAKFAST BAGELS

Cream Cheese/Hummus/Nut Butter	4.50	Egg & Meat* or Meat & Cheese	7
Egg & Cheese*	6	Meat, Cheese & Egg*	8

BAGEL OPTIONS

Classic, Everything, Asiago Rosemary, Blueberry, Cinnamon Raisin, Cheddar, Cheddar Everything, Chipotle, Multigrain, Onion, Sesame Seed

CHEESE & CREAM CHEESE OPTIONS

White Cheddar, Smoked Gouda, Provolone, Swiss, Plain Cream Cheese, Veggie Cream Cheese, Jalapeño Cream Cheese, Scallion Cream Cheese

MEAT OPTIONS

Bacon, Sausage, Ham, Pastrami, Country Ham, Turkey, Tempeh

ADD ONS

Caramelized Onion, Cucumber, Spinach, Lettuce, Tomato .50
Basil Pesto, Avocado 1

**Eggs are cooked to order. Consuming raw or undercooked meats, poultry, eggs or seafood may increase your risk of foodborne illness.*



COFFEE & BREAKFAST TREATS

COFFEE & ESPRESSO BAR

Drip Coffee	3.00		
Espresso, Americano	2.75	3.00	
Cappuccino, Latte	4.00	5.00	6.00
Chai	5.00	6.00	7.00
Flavored Latte	4.50	5.50	6.50
Hot Cocoa, Steamer	4.00	5.00	6.00
Hot Tea	3.00		

FEATURED LATTES 6.50

SPECIALTY LATTES 5.00 6.00 7.00

- Almond Joy - almond, coconut, chocolate
- Crème Brulee - caramel, vanilla, cinnamon
- Grasshopper - chocolate, mint
- Turtle - chocolate, caramel, hazelnut

COLD BREW (16 oz.) 6.00

SMOOTHIES (16 oz.) 6.50

Made with 100% real fruit. Choose a house flavor or build your own with up to three fruits and your choice of base: apple, grape or orange juice, milk, soy milk, yogurt.

- Chocolate Covered Strawberry - soy milk, chocolate, strawberries
- Chocolate Nut - soymilk, banana, chocolate, espresso, peanut butter
- Don't be Blue-berry - apple juice, blueberry, banana
- Honey High - orange juice, banana, honey
- Mangoes & More - orange juice, yogurt, mango, strawberry, banana
- Peaches & Cream - yogurt, peaches, honey, strawberries
- PB & J - peanut butter, apple juice, yogurt, banana, strawberries, honey
- Spring Green - orange juice, spinach, mango, banana, peach
- Tropical Tease - white grape juice, pineapple, banana, peach

SMOOTHIE ADDITIONS

Protein Powder (\$.75)	Kale	Spinach
Almond Butter	Peanut Butter	

OTHER BEVERAGES

Fountain Drinks	2.50
Flavors: Pepsi, Diet Pepsi, Dr. Pepper, Cheerwine, Starry, Gatorade Fruit Punch	
Sweet / Unsweetened Iced Tea	2.50
Sparkling Lemonade	3.50

PASTRIES & SWEETS

Cinnamon Rolls	3
w/Cream Cheese Icing	3.25
Sticky Buns	3.25
w/Walnuts and Raisins	3.50
Scones	3
Classic: Spinach Cheddar, Blueberry	
Featured: Seasonal flavors	
Muffins	3.50
Classic: Everything (carrot, apple, coconut, raisin), Blueberry	
Featured: Seasonal flavors	
Cookies	2
Classic: Awesome Chocolate Chip, Magic (chocolate chip, pecan, coconut, marshmallow), Oatmeal Raisin	
Featured: Seasonal flavors, Almond Spice Chai (GF)	
Dozen Cookies	\$2 off dozen

OTHER BREAKFAST

Granola & yogurt	5
Granola & yogurt w/ fruit	6



Visit our original bakery at
 345 Hardin Street
 (across from ASU campus)
 828-268-9900
www.stickboybread.com



LUNCH & DINNER

HOT SANDWICHES

*All sandwiches served with a pickle & kettle chips
Upgrade to fruit, hummus & carrots, or a bag of Deep River Chips \$1
Or to a side of French fries \$2.50*

- French Dip** 13
Pastrami, caramelized onion, and provolone on a French baguette. Served with Au Jus
- Goudaness Gracious!** 12
Ham, caramelized onions, melted smoked gouda cheese, garlic aioli, lettuce, and tomato on toasted Stick Boy Country French
- Soo Cheesy** 8
White cheddar, provolone, and smoked gouda melted on grilled Stick Boy Sourdough
Add Tomato \$.50
- Kluckin' Kop** 13
Grilled chicken, bacon, melted provolone, honey mustard, mayonnaise, lettuce, tomato, and red onion on toasted Stick Boy Sourdough
- Hearty Arti** 13
Artichoke hearts and roasted red peppers marinated then grilled, tempeh, Swiss cheese, basil pesto, garlic aioli, and baby Organic spinach on toasted Stick Boy Country French
- The Melt** 11
House chicken salad with melted white cheddar cheese on an open faced bagel of your choice with lettuce, tomato, and red onion on the side **contains nuts*
- Stick Boy Reuben** 13
Pastrami, Swiss, sauerkraut, homemade Russian dressing on grilled Stick Boy Seeded Rye
- Who's the Boss** 12
Fried chicken, lettuce, tomato, red onion, and mayonnaise on a Stick Boy Brioche Bun

COLD SANDWICHES

*All sandwiches served with a pickle & kettle chips
Upgrade to fruit, hummus & carrots, or a bag of Deep River Chips \$1
Or to a side of French fries \$2.50*

- The Chick Pea** 10
Traditional hummus, basil pesto, baby organic spinach, tomato, cucumber, red onion, and avocado on Stick Boy Country Multigrain Sourdough
- Rowdy Rooster** 10
House chicken salad, lettuce, and tomato on Stick Boy Country Multigrain Sourdough **contains nuts*
- El Presidente** 13
Turkey, bacon, Swiss cheese, avocado, garlic aioli, organic spinach, tomato, and red onion on Stick Boy Country French
- Ain't Your Mama's BLT** 11
Four slices of thick bacon, avocado, sriracha, mayonnaise, lettuce, and tomato on toasted Stick Boy Sourdough
- The Basic** 11
Choice of turkey, pastrami, or ham, white cheddar, mayonnaise, lettuce, tomato, and red onion on Stick Boy Sourdough

FRENCH FRIES

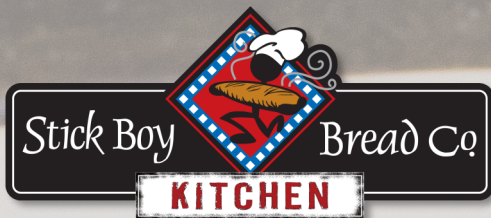
Choice of dipping sauce: Ketchup, Honey Mustard, or Garlic Aioli

- On the Side** 3.50
- Kitchen Size** 9

SIDES

- Fresh Fruit, Bag of Deep River Chips, or Hummus with Carrots 2.50

At Stick Boy Kitchen we use all natural chicken, turkey and ham on all of our sandwiches. All of our dressings, spreads, cream cheeses, hummus, and other sides are made from scratch using quality ingredients. Rest assured, when we make food at the "Kitchen" it's just like you would make food at home in your kitchen.



SOUP, SALAD KID'S & DESSERT

SALADS

Served with a chunk of bread and dressing on the side.

New Stick Boy House

Organic spinach with goat cheese crumbles, almond slices, and fresh strawberries

Side 5.50 *Large 11

Mediterranean Salad

Leafy greens, fresh cucumber, cherry tomatoes, pickled red onion, feta cheese, and roasted chick peas with lime vinaigrette

*Large 11

Harvest Salad

Kale, organic spinach, apples, bacon, avocado, dried cranberries, and sliced almonds

*Large 12

The Bomb

Leafy greens, bleu cheese crumbles, avocado, red onion, sunflower seeds, grape tomatoes, and a sliced hard boiled egg

*Large 12

**Make your salad an entrée: includes choice of grilled chicken, turkey, bacon, or grilled tempeh.*

Fried chicken

4.50

5.50

DRESSING OPTIONS

(all Kitchen made)

Lemon Poppy Seed, Ranch, Balsamic Vinaigrette, Lime Vinaigrette, or Stone Ground Mustard Vinaigrette

KITCHEN MADE SOUPS

Two soups served daily offering a variety of flavors. Cups and Bowls are served with a chunk of bread.

Cup	5
Bowl	6.50
Quart	10.50

CREATE YOUR OWN

House Salad	5.50	Fruit	2.50
Half Sandwich	5	Hummus & Carrots	2.50
<i>BLT, Rowdy Rooster, or Basic</i>		Bag Chips	2.50
Cup Soup	5	Side French Fries	3.50
Bowl Soup	6.50	Hand Pie	3.50
Quiche	6	Whole Soo Cheesy	8

KID'S MENU

Served with a side of fruit, chips, and carrots.

Nut 'n Honey 6

Peanut butter and honey on Stick Boy Sourdough bread (jam or almond butter available upon request)

Gobble 6

Turkey and white cheddar cheese on Stick Boy Sourdough. Substitutions are welcome so get what you want!

Say Cheese 7

White cheddar cheese melted on grilled Stick Boy Sourdough

Fried Chicken 8

House battered chicken, fried, served with housemade ketchup upon request

INDIVIDUAL DESSERTS

Banana Pudding	6
Black Bottom Peanut Butter Pie	5.25
Crème Brulee	7
Torte for 2	9
Seasonal Cheesecake <i>(flavors vary)</i>	4